

35-The Armor of God--- Sandals of Peace

Each day I put on the Armor of God. At the beginning of the day, I speak with God. The dialogue is “ **I put on the sandals of peace to guide my steps.** Plant my feet in your truth. Empower me to stand firm against attack”.

What does it mean to put on the sandals of peace? We gain some insight from **Luke 1:79** “To give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace”. And who should guide my steps? The best person to guide my steps is my Creator. Who knows me better? Who has laid out my pathway through life? **Psalm 119:105** says it best: “Your Word is a lamp to my feet and a light to my path.” If God is lighting the way and I follow his lead how can I go wrong? As I walk through each day I reach forks in the road. I face temptations. I face trials. I face people who need God’s love. Without His Word it is easy to make a misstep. It is easy to be deceived and take the wrong fork. **So, each day I ask for his guidance at each fork and He lights my way.**

Want more evidence. Consider each of these verses:

Proverbs 3:5-6 “Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths.”

Isaiah 30:21 “And your ears shall hear a word behind you, saying, ‘This is the way, walk in it, ’when you turn to the right or when you turn to the left “.

Psalm 37:23-24 “The steps of a man are established by the Lord, when he delights in His way; though he falls, he shall not be cast headlong, for the Lord upholds his hand. “

If you walk with the Lord you have the ultimate GPS. **He speaks, I listen, I do.** As long as I am tuned in to his commands I have nothing to fear. He has ESTABLISHED my steps. He will make STRAIGHT my path. There is a catch--- **I have to listen!** I must not LEAN ON MY OWN UNDERSTANDING. I must ACKNOWLEDGE HIM. I must HEAR A WORD BEHIND ME.

The best news in these verses is in **Psalm 37** “though he falls (fails to listen), he shall not be cast headlong, for the Lord upholds his hand”. That’s right even when you decide to do life your way, the Lord is standing by to lift you up, dust you off and put you back on the path He has chosen for you.

Another thought--- will you come under attack today? Will satan try and lead you off the path? The power that empowers you to withstand that attack comes from the Word of God. It is the wisdom, discernment and courage that God provides that “Empowers me to stand firm against attack”.

Every day I begin the day by putting on the Armor of God because I have learned that I am entering a battlefield. Satan is roaming about looking to devour me if I stray far from the path. My only protector is my Creator. I must stay close to Him and only then will I hear His directions and stay on the path of righteousness.

Personal Reflection:

Are you putting the Armor of God on every day? If not, then why not? Are you listening when the Holy Spirit attempts to guide your steps? If not, then why not? What awaits you today? Have you asked your heavenly Father to escort you through the trials of today?

Group Discussion:

How can you encourage one another to cinch up the Armor of God every day?

How can the group pray for each brother today?

Share your struggles and allow the group to lift you up.