

### 30-Would You Like to Have a Mind Like Jesus?

We have devoted three sessions to how the devil tries to win the battle for your mind. Today we will outline the only true antidote to the devil's attempts. The antidote is to take on the Mind of Jesus. Joyce Meyer points to Ezekiel 36:26-27- "I will give you a **new heart** and put a **new** spirit in you; I will remove from you your **heart** of stone and give you a **heart** of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws."

Ms. Meyers outlines six things to do in order to "flow in the mind of Christ".

1. Think positive thoughts
2. Be God-minded
3. Be "God-Loves-Me" minded
4. Have an exhortative mind
5. Develop a thankful mind
6. Be Word-minded

If we are going to align our thinking with the mindset of Jesus we must know how Jesus thought. Jesus was always positive in his thoughts and expectations. He had a positive outlook and attitude. He engaged in positive conversations. Jesus came to earth and endured many things we endure. He endured many personal attacks, he was lied about, he was deserted by his disciples, he was lonely, misunderstood and made fun of. He can relate to your trials because he also endured them. Now we need to take on the "Jesus mindset", a mindset that is positive in all circumstances.

Jesus had a continual fellowship with His heavenly Father. He had His mind on God and gave God His full attention. When we mediate on God and His Works, God feeds our minds. **Psalm 77:12** says "I will consider all your works and meditate on all your mighty deeds". Great advice if you want to be aligned with the Creator's ways.

Jesus knew that God loved him. He came to assure all of God's love for us. To be "God-Loves-Me" minded we need to meditate on His love for us. **1 John 4:16** is a great verse to remind us of God's love for us. "And so we

know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in them."

Jesus has an exhortative mind. Jesus has positive, uplifting, edifying thoughts about others. When He spoke, His love for others was clear to all. Ms. Meyers encourages us--- "If you adopt the mind of Jesus and you begin to think lovely thoughts about people, you will find them behaving in a lovelier manner. Thoughts and words are containers or weapons for carrying creative or destructive power. They can be used against satan and his works or they can actually help him in his plan for destruction".

Jesus has a thankful mind. He thanked his Father for all that God provided--- both good and challenging. **Psalm 100:4** says it best--"Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name." If you focus on praise and thankfulness in all circumstances you will align yourself with Jesus.

Jesus was the Word. He is synonymous with the Word. If we are to be word minded then we must hide the Word in our heart. **Psalm 119:11** is familiar to us---"I have hidden **your word in my heart** that I might not sin against you." If we meditate on God's Word day and night as instructed in Joshua 1:8 than we will find that we have the Word fixed as the compass of our life. We will truly have the mind of Christ.

Verse:

**Joshua 1:8** "Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."

#### Personal Reflection:

Which of these six alignments need the most attention in your life? Who can hold you accountable as you align yourself with the mindset of Jesus?

#### Group Discussion:

How can the group exhort each other (point 4) to align their thinking with that of Jesus? Who needs prayer because they are struggling with the need to align with Jesus and leave behind the "old creature's" mindset?